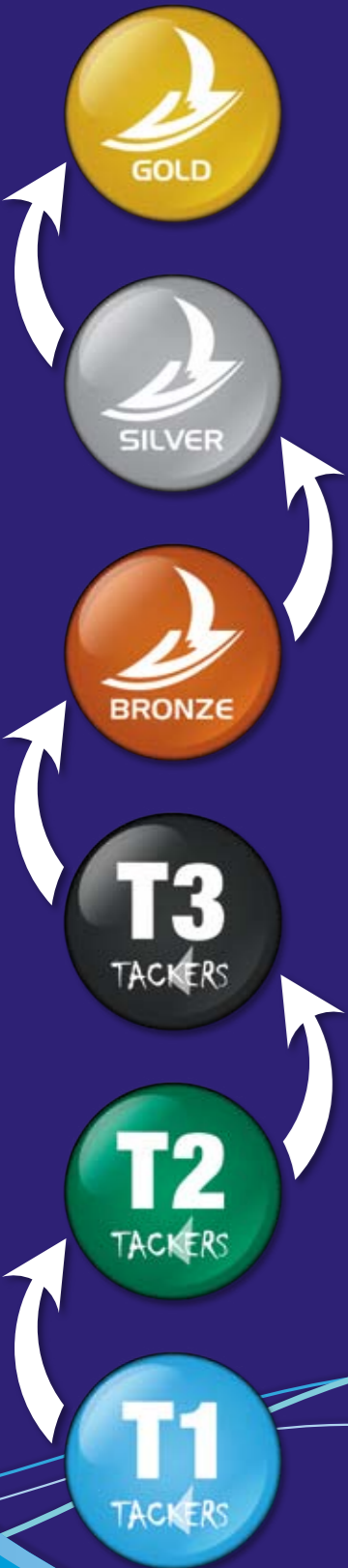


JUNIOR SKILLS PATHWAY

Steps 1-6

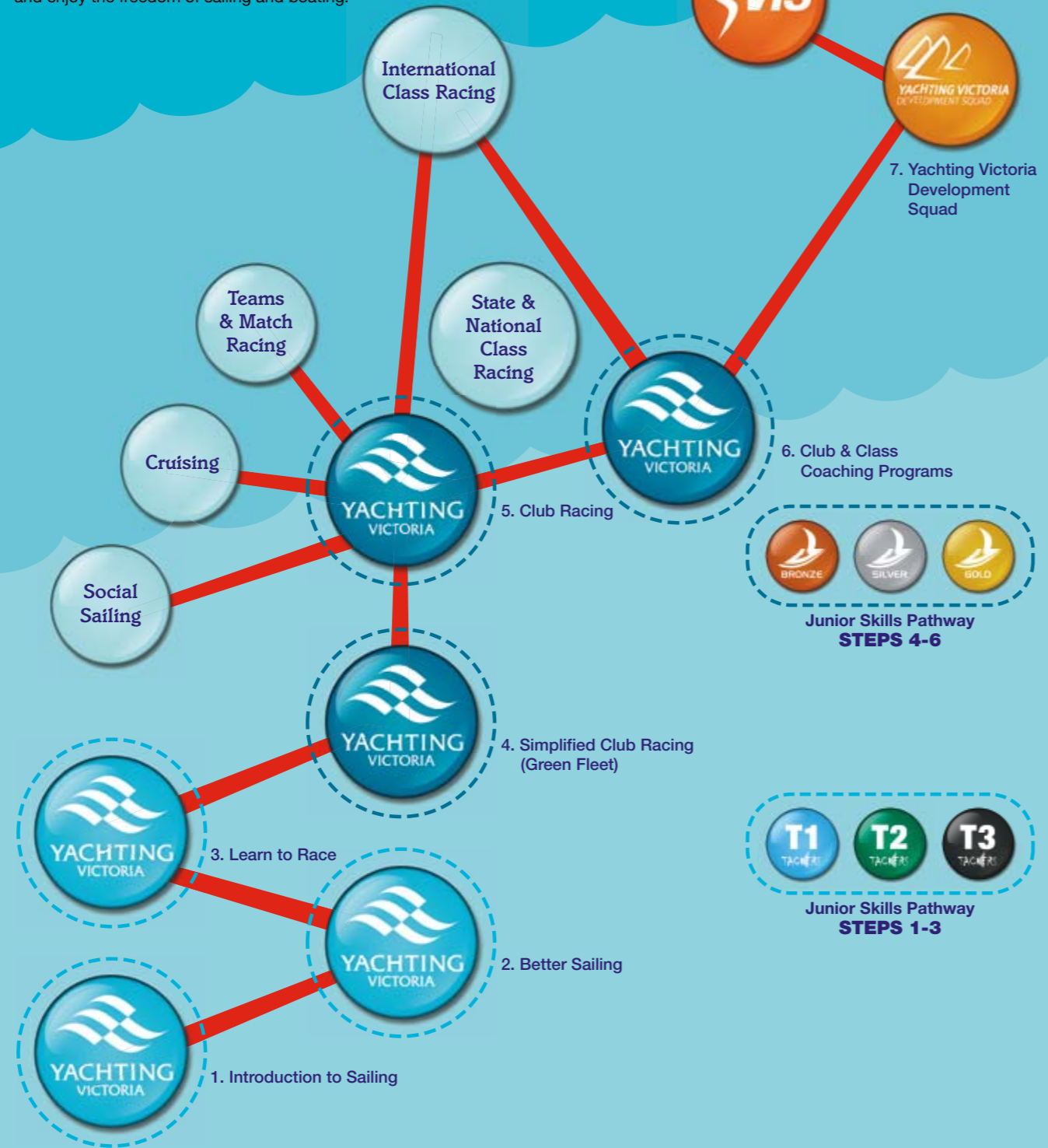


Sailing Pathways to Participation & Performance

Sailing is a sport for life, enjoyed by tens of thousands of people of all abilities and backgrounds, most of whom don't own a boat.

Sailing offers a pathway for all Australians to get on the water in a way that suits their lifestyle, whether it be cruising the oceans of the world, representing Australia at the Olympics, or just enjoying some time on or around the water with friends.

There are more than 350 yacht clubs throughout Australia that will welcome you as a new member. They are a great place to meet new people, participate as a family, and enjoy the freedom of sailing and boating.



PERFORMANCE

DEVELOPMENT

PARTICIPATION

GOsailing

JUNIOR SKILLS PATHWAY



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The Yachting Victoria Sailing Pathway describes broadly how a person can progress from being new to the sport to taking part in a Learn to Sail course, through to ongoing participation or to higher levels of performance. This is applicable to a range of participants of varying ages and abilities.

The Tackers Junior Sailing program focuses particularly on the introductory levels of the pathway for children aged 7-12. Beyond the sequential Tackers levels (Tackers 1: *Having Fun*, Tackers 2: *Tricks & Techniques*, Tackers 3: *Sailing Fast!*), there is a specific development pathway for juniors to continue to sail the OziOpti and the International Optimist within a program run by their local yacht club. Similar to Tackers, this pathway can be described in levels – *Beginners Green Fleet* and starting *Club Racing* followed by, *Bronze*, *Silver* and *Gold Squads*. The purpose of having continued stages of development for transition after *Tackers 3: Sailing Fast!* is that it provides the child, their parents/guardians, the club, instructors and coaches with a framework for enabling the junior to experience structured reinforcement and a sense of achievement through accomplishing the skills required to “move up” a level.

It's important to consider aspects of each level of development in terms of the boat that is sailed (OziOpti vs. International Optimist), where it is sailed, what rules apply (modified rules and courses vs. full racing rules) and what regatta fleet they would be suited to. There is individual variation relating to their progression, some children will progress quicker than others and children often have different aspirations for where they would like their sailing to take them.

Having a structured and consistent framework enables clubs, instructors and coaches to meet the individual needs of their juniors. Juniors often stay with a group of friends they made during Tackers and meet new friends within the yacht club if they become a member. This is as important as the sailing program they are in and is a key factor that keeps them participating in the sport.

The design and delivery of the *Tackers* program has a number of core ingredients for successfully engaging children in sailing. Not surprisingly these values are just as important for the transition from *Tackers* into beginning *Green Fleet* and then starting *Club Racing* and then moving into *Bronze*, *Silver* and *Gold Opti Skills Levels*.

The instructors and coaches supporting juniors through this transition at each club are aiming to develop a club-run program with similar values to those in *Tackers* to deliver the majority of the junior's sailing. As the junior progresses they may gradually take part in organised events and regattas with juniors at a similar level or they may just want to keep sailing socially with no formal competition.

In-line with the notion of progression through *Tackers* into beginners *Green Fleet* and *Club Racing* and into *Bronze*, *Silver* and *Gold* club programs, the regattas juniors attend should reflect their stage of development and their motivation.

Yacht clubs offer broad social programs specifically for children alongside coaching, club-racing, and recreational / non-competitive sailing, which means sailing is a great way to meet new friends and enjoy being around the water. Most of all, sailing at any level should be as much fun as *Tackers* is!

Clubs should ensure that juniors confidence and enjoyment at each skill level is what drives their progression up the pathway to the next level. There's no rush, sailing is a sport for life and retaining and developing juniors at all levels on the pathway is important.

To find out more about the Junior Skills Pathway contact your local club or Jane Moffat at Yachting Victoria:
Email Jmoffat@yachtingvictoria.com.au
Phone 03 9597 0066 (ext. 7)

JUNIOR SKILLS PATHWAY



	Tackers 1	Tackers 2	Tackers 3	Bronze	Silver	Gold
Pathway	Step 1	Step 2	Step 3/4	Step 4	Step 5	Step 5/6
Age	7-12 years			12+ years		
How long?	1 Season	1 Season	1 Season	2 Seasons	2 Seasons	2 Seasons
What type of boat?	OziOpti	OziOpti	OziOpti	OziOpti International Optimist	International Optimist	International Optimist
Where do I sail?	Your Club	Your Club	Your Club	Your Club	Your Club Other venues	Your Club Other venues
What am I going to learn?	<ul style="list-style-type: none"> • Having fun in a boat, feeling safe and comfortable • Basic Skills 	<ul style="list-style-type: none"> • Having more fun • Sailing in a straight line, turning around, stopping, sailing upwind and downwind • Better Skills 	<ul style="list-style-type: none"> • Having more fun • How to sail fast • Winds, tide and currents • Racing Skills 	<ul style="list-style-type: none"> • Still having fun • Improving your core skills • More racing • Racing Skills 	<ul style="list-style-type: none"> • Fun and improving your racing skills • Improving your boat handling skills • Skills / Tactics and Strategy 	<ul style="list-style-type: none"> • Racing Skills, Tactics and Strategy • Off-water fitness
Rules	Not racing just sailing	Not racing just sailing	ISAF Modified	ISAF Modified	ISAF Racing Rules (Blue Book)	ISAF Racing Rules (Blue Book)
Which regatta fleet?			Beginning Green Fleet at Club	Green Fleet at Opti Regattas	Championship Fleet	Championship Fleet Australian Champion
Where do I learn?	Club based YA Instructor using a syllabus (GISBS 1 & 2)	Club based YA Instructor using a syllabus (GISBS 3)	Club based YA Instructor using a syllabus (GISBS 4 & 5)	Club-based Coaching	Club-based Coaching	Club-based Coaching

Beginning Green Fleet – practice, practice, practice

